

**Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026****Results****Event 401 Women 16-17 50 LC Meter Backstroke**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
<b>Finals</b>			
1	Winstanley, Elin	17 Co Hereford	29.86
2	Dwyfor-Clark, Efa	17 Nofio Gwynedd	30.19
3	Anderson, Rosalie	16 Co Cardiff	30.43
4	Nichols, Grace	16 Pembs Cty	30.93
5	Daniel, Megan	16 Caradon	31.06
6	Hall, Emily	16 Warrington W	31.21
7	Edwards, Alaw	16 Nofio Gwynedd	31.75
8	Schumm, Libby	17 Torfaen D	32.03

**Event 401 Women 18 & Over 50 LC Meter Backstroke**

	<b>Name</b>	<b>AgeTeam</b>	<b>Finals Time</b>
<b>Finals</b>			
1	Humphreys, Ffion	18 Nofio Gwynedd	29.60
2	Stead, Martha	21 Swansea Uni	30.34
3	Collyer, Mabli	18 Nofio S Gar	30.60
4	Howells-Davies, Lana	18 Swansea Aq	31.39
5	Lush, Emily	24 Swansea Uni	31.55
6	Salmon, Gwen	19 Rct Squad	31.71
7	Williams, Rose A	18 Co Cardiff	31.90
8	Bamborough, Katie	22 Swansea Uni	32.16